

Living in the Wider World - Aiming High

PSHE and Citizenship | LKS2 | Planning Overview

About the Topic

In this unit of work, children will focus on goals and aspirations. They will start by discussing achievements they have accomplished so far and the type of attitude that helps us to succeed. Children will identify ways of applying a growth mindset to new challenges and learn about the importance of resilience. Opportunities will also be provided for children to share aspirations for their future employment and personal goals and through this learning, they will consider different jobs and careers. In doing this, we will explore some of the difficulties faced by stereotyping. Children will also have the opportunity to think about the specific skills they might wish to develop in order to achieve their short, mid and long-term goals.



Home Learning

My Achievements: Children are encouraged to consider their personal achievements in this activity and to think about how they accomplished these goals.

What I Want to Know: In this activity, children think about a job they might like to do when they are older and questions they would like to ask about that job. These questions could be used in research, either at school or at home, to learn more about the job they are interested in.



Wider Learning:

The class, year group or even the whole school could plan and celebrate a 'Careers and Aspirations Day'. Children could dress up in clothes that represent what they might like to do as a job when they are older and visitors who do different jobs could be invited in to speak to the children.

Assessment Statements

All children should be able to...

- discuss their personal achievements and skills;
- identify what a positive learning attitude is;
- talk about a range of jobs that people do;
- discuss what skills and interests are needed for different jobs;
- talk about jobs they might like to do in the future;
- discuss what skills they might need to do certain jobs.

Most children will be able to...

- identify skills and attributes that are useful in many roles;
- identify elements of a growth mindset;
- identify and challenge stereotypes;
- discuss goals they could set to work towards their ambitions;
- discuss challenges many people face and how some people overcome these.

Some children will be able to...

- discuss the impact that a growth mindset can have on achieving our goals;
- understand that our goals can change and explain why this might happen;
- explain the impact of stereotypes and why they need to be challenged;
- identify limitations to achieving goals and discuss how challenges can be overcome.

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).

1. Achievements

L25. to recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes

H27. to recognise their individuality and personal qualities

H28. to identify personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth

I can identify achievements and suggest how my actions can help me to achieve.

- Sugar paper
- Colourful pens or pencils
- Scissors
- Glue



2. Goals

H28. to identify personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth

L25. to recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes

I can identify personal goals and suggest actions that I can take to achieve them.

- Sticky notes



3. Always Learning

H28. to identify personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth

H29. about how to manage setbacks/perceived failures, including how to re-frame unhelpful thinking

L25. to recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes

I can explain how a positive learning attitude can help me to learn new things

- Colourful pens and pencils
- Sticky notes
- Squares of paper (12cm x 12cm)
- Small pieces of paper (A5)



4. Jobs and Skills

L26. that there is a broad range of different jobs/careers that people can have; that people often have more than one career/type of job during their life

L28. about what might influence people's decisions about a job or career (e.g. personal interests and values, family connections to certain trades or businesses, strengths and qualities, ways in which stereotypical assumptions can deter people from aspiring to certain jobs)

L29. that some jobs are paid more than others and money is one factor which may influence a person's job or career choice; that people may choose to do voluntary work which is unpaid

L30. about some of the skills that will help them in their future careers e.g. teamwork, communication and negotiation

I can identify the skills and attributes needed to do certain jobs.



5. No Limit!

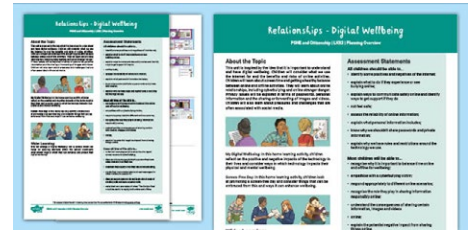
L9. about stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes

L26. that there is a broad range of different jobs/careers that people can have; that people often have more than one career/type of job during their life

L27. about stereotypes in the workplace and that a person's career aspirations should not be limited by them

L28. about what might influence people's decisions about a job or career (e.g. personal interests and values, family connections to certain trades or businesses, strengths and qualities, ways in which stereotypical assumptions can deter people from aspiring to certain jobs)

I understand that we should all have equal opportunities to follow our career ambitions.



6. When I Grow Up

H28. to identify personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth

L26. that there is a broad range of different jobs/careers that people can have; that people often have more than one career/type of job during their life

L32. to recognise a variety of routes into careers (e.g. college, apprenticeship, university)

I can discuss what job I might like to do when I grow up and what skills I will need to achieve this

- Sticky notes

