

PERSONAL DEVELOPMENT—
PARK ASPIRE

Intent – Implementation – Impact



Intent:

The intent of the Personal Development Programme at Park Aspire is to provide pupils with a diverse range of learning experiences and opportunities for personal growth and development. The project aims to equip pupils with essential skills, knowledge, and experiences that will empower them to build successful futures and make informed career choices.

The Personal Development Programme at Park Aspire aims to have a significant impact on pupils by fostering their personal, social & emotional development, enhancing their employability skills, and broadening their horizons. Through engaging in activities such as the Building Futures Together, Bumpy, JAMES project, Ministry of Food, Hair and Beauty, Fishing, Doe Park, and other adventure opportunities, pupils will develop a wide range of transferable skills such as teamwork, problem-solving, communication, and leadership. These experiences will boost their self-confidence, resilience, and motivation to achieve their goals.

Implementation:

The Personal Development Programme at Park Aspire will be implemented through a structured and comprehensive curriculum that incorporates various activities and experiences. The Building Futures course will provide pupils with practical knowledge and skills related to different career pathways, including job shadowing and work placements. The Hair and Beauty work will introduce pupils to the fundamentals of the industry, allowing them to develop practical skills in a professional setting. The Fishing component will expose pupils to an outdoor activity that promotes patience, concentration, and an appreciation for nature. Doe Park and Adventure activities will provide opportunities for pupils to engage in team-building exercises, outdoor challenges, and problem-solving tasks. The implementation of the project will involve collaboration among teachers, industry professionals, and community partners to ensure a holistic learning experience for the pupils. Regular photo, documentation, feedback, and reflection exercises will be integrated into the project to monitor progress and support individual development.

Impact:

The Personal Development Programme at Park Aspire has a profound impact, equipping individuals with skills and opportunities for personal growth. Participants gain expertise, possibly leading to rewarding careers and improved self-esteem. The different elements foster a love for nature, environmental responsibility, and community connection.

Vocational opportunities in construction has empowered participants to pursue successful pathways, contributing to local development. The Personal Development Programme offers imaginative ways of supporting pupils in:

- becoming confident individuals who are physically, emotionally and socially healthy



- being responsible citizens who make a positive contribution to society and embrace change
- managing risk together with their own wellbeing
- as well as introducing them to new activities and personal challenges.

***Please see the PACS & CALM overview for further information regarding Personal Development at Park Aspire**