

Relationships - VIPs

PSHE and Citizenship | KS1 | Planning Overview

About the Topic

This unit explores the Very Important Persons (VIPs) in children's lives and the ways in which they can develop positive relationships with them. It enables children to identify who the special people in their life are and what makes someone a special person. Children are also encouraged to explore why families and friendships are important and to understand that although these units are different for everyone, there are things they can do to resolve differences and build healthy and positive relationships within them. This unit also teaches children the importance of cooperation and how to show the special people in their lives that they care, as well as the positive impact of doing this.



Home Learning

Being a Good Friend: The children are asked to identify and draw a picture of a time they have been a good friend to someone at playtime, lunchtime and in the classroom. They are also asked to write a description of what they think makes someone a good friend.

Showing I Care: The children are asked to identify ways in which they can show the special people in their families that they care about them and then record when they complete this.



Wider Learning:

Reinforce the lessons learnt within this unit beyond the classroom, for example, on the playground, on school trips and at whole-school events. This will ensure the children have the behaviours reinforced in different environments.

Assessment Statements

All children should be able to...

- explain who the special people in their lives are;
- talk about the importance of families;
- describe what makes someone a good friend;
- know how to resolve an argument in a positive way;
- know the skills involved in successful cooperation;
- identify a way to show others that they care.

Most children will be able to...

- identify who the special people in their lives are and explain why they are important to them;
- explain why having a family network is important;
- know what makes someone a good friend and demonstrate these qualities;
- put positive resolution techniques into practice;
- cooperate with others to complete a task;
- identify several ways to show others that they care and understand the importance of doing this.

Some children will be able to...

- discuss why they need VIPs in their lives;
- encourage others to put positive resolution techniques into practice;
- take the lead in demonstrating successful cooperation skills;
- discuss the positive impact of showing others that they are cared for.

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).

Lesson Breakdown

1. Who Are Your VIPs?

H33. about the people whose job it is to help keep us safe

R1. about the roles different people (e.g. acquaintances, friends and relatives) play in our lives

R2. to identify the people who love and care for them and what they do to help them feel cared for

I can talk about the very important people in my life and explain why they are special.



2. Families

H33. about the people whose job it is to help keep us safe

R1. about the roles different people (e.g. acquaintances, friends and relatives) play in our lives

R2. to identify the people who love and care for them and what they do to help them feel cared for

R3. about different types of families including those that may be different to their own

R4. to identify common features of family life

R5. that it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried

I can describe why families are important.



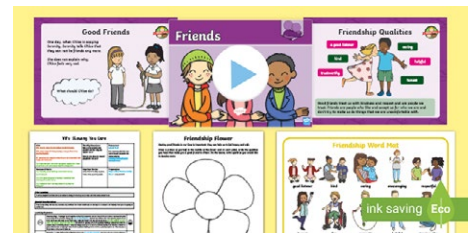
3. Friends

H14. how to recognise what others might be feeling

H16. about ways of sharing feelings; a range of words to describe feelings

R6. about how people make friends and what makes a good friendship

I can describe what makes someone a good friend.



4. Falling Out

H23. to identify what they are good at, what they like and dislike

R8. simple strategies to resolve arguments between friends positively

R9. how to ask for help if a friendship is making them feel unhappy

R10. that bodies and feelings can be hurt by words and actions; that people can say hurtful things online

R11. about how people may feel if they experience hurtful behaviour or bullying

R12. that hurtful behaviour (offline and online) including teasing, name-calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult

R16. about how to respond if physical contact makes them feel uncomfortable or unsafe

R24. how to listen to other people and play and work cooperatively

R25. how to talk about and share their opinions on things that matter to them

I can describe ways to help resolve arguments and disagreements without being unkind.



5. Working Together

R21. about what is kind and unkind behaviour, and how this can affect others

R24. how to listen to other people and play and work cooperatively

I can cooperate with others to achieve a task.



6. Showing You Care

H14. how to recognise what others might be feeling

H16. about ways of sharing feelings; a range of words to describe feelings

R7. about how to recognise when they or someone else feels lonely and what to do

I can describe how I can show my special people that I care about them and I understand why this is important.



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