

# PARENT CARER COFFEE MORNING



**carers' resource**  
you care for them, we care for you

*Run by Carers' Resource in partnership with Bradford East Family Hub. Join us for a coffee and to meet other parent carers.*

Upcoming dates in 2025:

- 29<sup>th</sup> September
- 20<sup>th</sup> October
- 24<sup>th</sup> November
- 15<sup>th</sup> December

Upcoming dates in 2026:

- 26<sup>th</sup> January
- 23<sup>rd</sup> February
- 23<sup>rd</sup> March
- 27<sup>th</sup> April
- 18<sup>th</sup> May
- 29<sup>th</sup> June
- 13<sup>th</sup> July

All sessions from 10.30am to 12 noon at **Bradford East Family Hub, 365 Barkerend Road, Bradford, BD3 8QX**

For more information or to sign up please contact:  
**Najma Mafuz on**  
**[nmafuz@carersresource.org](mailto:nmafuz@carersresource.org) or**  
**07706364095**

Bradford East

**Family Hub**

Prevention and early help for families

